Soft skills

Persevering Through Obstacles

A half day to hold on to a goal when obstacles pile up: a late supplier, a breakdown that keeps coming back, a client who says no, a project that stalls. Participants learn to sort out what is in their hands, break a distant goal into steps they can sustain, analyse a setback without losing heart, and recognise when to change method rather than push harder. The work is built on a real obstacle brought by each person.

Duration : 0.5 day

Objectives

1. Tell apart, when facing an obstacle, what depends on you, what you can influence and what must be accepted
2. Break a distant goal into short steps with visible checkpoints
3. Analyse a setback from the facts to draw an action from it, without looking for someone to blame
4. Identify the point where perseverance turns into stubbornness and the plan needs adjusting
5. Build a plan to get past a real obstacle in your own job

Programme

Half day

• What wears perseverance down: repeated obstacles, results that are slow to come, discouraging talk around you

• Sorting: what depends on you, what can be influenced, what has to be accepted

• Breaking the effort down: short milestones, small wins, visible progress tracking

• Continue, change method or stop: three questions to decide after a failure

• Workshop: action plan for the obstacle each participant brought, challenged in pairs

Teaching methods

• Work on a real obstacle brought by each participant: a blocked project, a late objective, a rejected file

• Short cases from industry and services: a line start-up that keeps breaking down, a tender lost twice in a row

• Self-assessment of your usual reactions to failure

• Pair discussions to test each person’s plan

• A 30-day follow-up sheet given to each participant

Assessment and documents

Knowledge test at the end of the half day, post-training evaluation at D+1. Each participant receives a numbered training certificate, verifiable online; the company receives the training report.

Bilingual materials for every participant; each classroom course comes with its digital twin on OmniLearn.

Good to know

The half day “Moving to Action: From Intention to Execution” deals with getting started; this module deals with what comes next, when the effort has to last. The two can be run back to back on the same day.

Practical information

Duration	0.5 day
Audience	Employees and supervisors facing long projects, demanding objectives or repeated setbacks
Prerequisites	No prerequisites
Group size	Groups of 6 to 12 participants, in-company
Format	In-company, face to face on your site
Language	French, Darija or English; bilingual materials
Funding	OFPPT special training contracts (TFP), GIAC, Maroc PME: we prepare the applications with you, at no extra cost.
Programme customisation	Programme adapted to your procedures, your equipment and your audience

Frequently asked questions

How is this different from “Moving to Action: From Intention to Execution”?

“Moving to Action: From Intention to Execution” helps you take the first step: decide, start, stop putting things off. This module starts once you have begun but obstacles keep recurring and results are slow to arrive: the point is to sustain the effort and know when to adjust it.

Is this a personal motivation course?

Not in the sense of a motivational talk. The module gives concrete methods: sorting factors, breaking work into milestones, analysing a setback, criteria for continuing or changing method. Everyone leaves with a plan applied to their own situation.

Do participants need to come with a specific situation?

Yes: a current obstacle in their job, such as a project that is not moving or a late objective. It is the thread running through the workshop. Confidential details can stay anonymous.

Can it be organised for a whole team?

Yes, as in-company training at your site, for a group of 6 to 12 people. The workshop can then focus on an obstacle the team shares, for example an annual objective that is running late.