Management system standards

ISO 45001:2018 — Requirements

Two days to set up an occupational health and safety management system that complies with ISO 45001:2018 and works on the shop floor. Hazards, legal requirements, worker participation, emergency preparedness: each requirement is worked through using your risk assessment, your instructions and your incidents.

Duration : 2 days

Objectives

1. Describe the structure of ISO 45001:2018 and the requirements specific to occupational health and safety
2. Organise the consultation and participation of workers, including those who are not supervisors
3. Apply an approach to hazard identification and to the assessment of OH&S risks and opportunities
4. Link legal requirements, OH&S objectives and action plans
5. Prepare performance monitoring, incident investigation, the internal audit and the management review

Programme

Day 1 — morning

• Why an OH&S management system: employer obligations, expectations of customers and principals

• Structure of the standard and vocabulary: hazard, risk, incident, worker, participation

• Context of the organisation, needs of workers and other interested parties

• Leadership, OH&S policy, roles and responsibilities

Day 1 — afternoon

• Consultation and participation of workers: what the standard concretely requires

• Hazard identification, assessment of OH&S risks and opportunities

• Legal and other requirements: register, monitoring of changes, compliance evaluation

• Exercise: risk assessment of a workstation at your site

Day 2 — morning

• OH&S objectives and action planning

• Competence, awareness, communication and documented information

• Operational control: hierarchy of preventive measures, management of change, purchasing and subcontractors

• Emergency preparedness and response

Day 2 — afternoon (workshop)

• Performance monitoring, compliance evaluation, internal audit, management review

• Incidents, nonconformities and corrective actions

• Workshop: gaps in your organisation against ISO 45001 and first priorities

• Knowledge test and presentation of the work

Teaching methods

• Guided reading of the requirements, illustrated with situations from your site

• Exercises on your risk assessment, your instructions and your incident reports

• Sub-group work bringing together supervisors and worker representatives

• Mid-course quiz and final test

• Delivery possible in French or Darija for members of the safety committee

Assessment and documents

Mid-course quiz and knowledge test at the end of the session, post-course evaluation at D+1. Numbered training certificate, verifiable online, for each participant; training report and the list of gaps from the workshop handed to the company.

Bilingual materials for every participant; each classroom course comes with its digital twin on OmniLearn.

Good to know

ISO 45001 remains at the 2018 edition; its revision is expected in 2027. To build a single system with ISO 9001:2026 and ISO 14001:2026, see the course “Integrated QHSE Management System”.

Practical information

Duration	2 days
Group size	Groups of 6 to 12 participants, in-company
Format	In-company, face to face on your site
Language	French, Darija or English; bilingual materials
Funding	OFPPT special training contracts (TFP), GIAC, Maroc PME: we prepare the applications with you, at no extra cost.
Programme customisation	Programme adapted to your procedures, your equipment and your audience

Frequently asked questions

Does this training replace the statutory risk assessment?

No. It teaches you how to organise the approach and link it to the management system. The risk assessment of your site still has to be carried out and kept up to date; the course “Occupational Risk Assessment” details the method.

Who should attend?

Management, the OH&S manager and coordinators, and members of the safety committee. Including worker representatives helps address the consultation and participation requirement during the training itself.

Is ISO 45001 about to change?

The standard in force is ISO 45001:2018. Its revision is expected in 2027; a system built today on the harmonised structure can absorb the changes without being redone.

Can this training be combined with ISO 9001 and ISO 14001?

Yes. The three standards share the same clause structure. The course “Integrated QHSE Management System” shows how to build a single process map, documentation set and audit programme.